**FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION**

**ATTENDANCE VERIFICATION FORM**

**2025-2026**

**Student First and Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sport: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**School Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_ Semester: \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Establishment Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PLEASE NOTE:**

* **For Category 1, student should practice a total of 15 hours with at least 10 practice hours during the school week**
* **For Category 2, all 5 hours should be during the school week**
* **Notify the school counselor immediately if the student drops out of the sport**
* **Forms are due NO LATER THAN 3 DAYS before the end of the grading period**
* **High School students turn in to registrar. Middle School students turn in to counselor.**
* **Students must participate in school PE if not participating in Off Campus practice**

**WORKOUT SCHEDULE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Grading Period 2** | **Hours of Training** | | **Description of Activity** | **Coach’s Initials** |
| **Week 1 (10/13 – 10/19)** | | | | |
| **Monday** |  | **No School** | |  |
| **Tuesday** |  | **No School** | |  |
| **Wednesday** |  | **No School** | |  |
| **Thursday** |  | **No School** | |  |
| **Friday** |  | **No School** | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 2 (10/20– 10/26)** | | | | |
| **Monday** |  | **No School** | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 3 (10/27 – 11/2)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 4 (11/3– 11/9)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 5 (11/10– 11/16)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 6 (11/17– 11/23)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 7 (11/24 – 12/30)** | | | | |
| **Monday** |  | **No School** | |  |
| **Tuesday** |  | **No School** | |  |
| **Wednesday** |  | **No School** | |  |
| **Thursday** |  | **No School** | |  |
| **Friday** |  | **No School** | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 8 (12/1-12/7)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
|  |  | **Week 9 (12/8-12/14)** | |  |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 1 (12/15 – 12/21)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
|  |  | Forms Due to Your Campus by December 17th | |  |

**Total Number of Hours: \_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_**

**Coach’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_**